



NATURE
COOLOITA

Oita Prefecture is surprisingly cool

SUMMER

Cool mist surrounds you
Waterfalls

Refreshing breezes
Highlands

Enveloped by leafy trees and the sound of water
Valleys

Cool Experiences 56 selections

A little bit of nighttime fun
Fireworks and summer festivals

Cool and refreshing ♡
Cold sweets

Transportation Access

Airplane

Tokyo/Narita (Narita International Airport)	1 hour, 40 minutes	Oita (Oita Airport)
Tokyo/Haneda (Tokyo International Airport)	1 hour, 45 minutes	Oita (Oita Airport)
Osaka (Itami Airport)	1 hour	Oita (Oita Airport)

Ferry

Osaka	11 hours, 50 minutes	Beppu
Kobe	11 hours, 30 minutes	Oita

JR/Limited Express

Tokyo Station	Shinkansen (Bullet Train) 4 hours, 45 minutes	Kokura Station	Limited Express 1 hour, 20 minutes	Oita Station
Shin-Osaka Station	Shinkansen (Bullet Train) 2 hours, 15 minutes	Kokura Station	Limited Express 1 hour, 20 minutes	Oita Station
Hakata Station	Limited Express 2 hours	Oita Station		
Kokura Station	Limited Express 1 hour, 20 minutes	Oita Station		

It's so cool! Oita Prefecture

Oita Prefecture is often mentioned in the news as being a hotspot in the height of summer. However, Oita has many of the coolest spots in all of Kyushu! Waterfall mist swirls around you, breezes blow through valleys, and the highlands have crisp, clear air. The appeal of Oita Prefecture is that pleasant coolness can be found all around even when temperature forecasts may be high. Instead of enduring the heat on your summer visit this year, why not enjoy a trip in search of coolness?

Elevation and temperature details

Elevation

Calculated according to the Geospatial Information Authority of Japan website of the Ministry of Land, Infrastructure, Transport and Tourism.

Average Summer Temperature

Calculated based on the average temperature for August 2025 at the nearest observation point (from the Japan Meteorological Agency website), and the rate of temperature difference (approximately 0.6° C decrease for every 100m increase in altitude) from the listed location.

Temperature drops at listed spots

Indicates the temperature difference from the average temperature of 29.6° C in August 2025 for the Tokyo metropolitan area (according to the Japan Meteorological Agency website).

*References
Japan Meteorological Agency, Ministry of Land, Infrastructure, Transport and Tourism <https://www.jma.go.jp/>
Geospatial Information Authority of Japan, Ministry of Land, Infrastructure, Transport and Tourism <https://www.gsi.go.jp/>

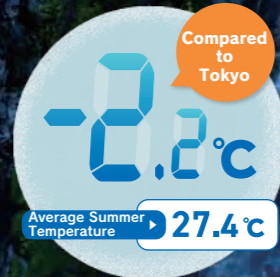
*Temperatures are estimates and may differ from actual values depending on weather conditions, humidity, etc.

Average August temperature (averaged annual value) at all observation points in Kyushu prefectures

*Calculated using averaged annual values from 1990 to 2024 for all locations within the prefecture.

Prefectures	No. of Observation Points	Average Temperature for All Points
Fukuoka	11	28.6°C
Saga	7	28.4°C
Nagasaki	18	28.1°C
Kumamoto	19	28.1°C
Oita	15	27.6°C
Miyazaki	17	27.6°C
Kagoshima	33	28.7°C

*Annual averages for each prefecture (from temperature measurement observation points) were compiled from historical weather data of the Japan Meteorological Agency.



A beautiful and delicate waterfall
A masterpiece of nature



Hita City

Sakura Falls

Elevation 231.2 m

This is a powerful, cascading waterfall that is 15m wide with a drop of approximately 25m. Beloved by writers and artists since the Edo period, it is said to have been named "Sakura Falls" because the spray of the falling water resembles falling cherry blossom petals. It is located behind JR Amagase Station, so it's easily accessible while still offering a sense of secluded beauty. It attracts many local visitors and tourists, including waterfall enthusiasts.

Address: Sakuradake Goraku-gawa, Amagase Town, Hita City
Inquiries: 0973-57-2166 (Amagase Tourist Information Center of the Hita City Tourism Association)



Cool mist
surrounds you

Waterfalls



Taketa City

Shiramizu Falls

Elevation 581 m

This famous waterfall is said to have been visited by Lord Nakagawa of the Oka Domain, who built a teahouse there so he could admire it. Many cultural figures composed poems praising the falls. The 600m walking path from the parking lot makes it easily accessible for viewing. Its white appearance is enhanced by the contrasting green trees and rock faces that surround the falls.

Address: Hinatame, Ogi Town, Taketa City
Inquiries: 0974-68-2215 (Taketa City Ogi Branch Office, Industry and Construction Section)

The overwhelming power of the cascade roars down.
The cool mist rising from the falls is soothing in the baking summer heat.

Taketa City

Ameushi Falls

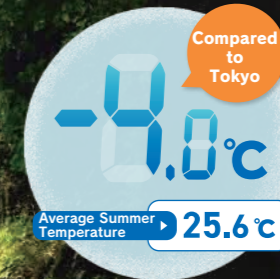
Elevation 403.5 m

These falls are approximately 20 minutes by car from central Taketa City. After passing through rice paddies and fields, you'll find a small sign. From there, walk along a concrete path and stairs towards the valley. The waterfall will suddenly appear in a white, shimmering eruption. This is the "Ameushi" or "Yellow Ox" waterfall, named after the legend of an amber-colored calf's head thrown into the pool to appease a dragon. The abundant waters drop approximately 20 meters in a powerful and impressive cascade, charging the air with cleansing and calming negative ions.



Address: Kamisakata, Taketa City
Inquiries: 0974-63-0585 (Taketa City Tourism Association)

Take in the mystical air of this spot
hidden in the mountains of Taketa





Bungo-Ono City

Harajiri Falls

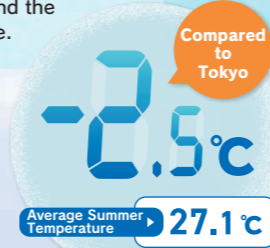
Elevation 158.7 m



This one-of-a-kind, magnificent waterfall boasts a width of 120m and a drop of 20m. This immense size has given it the nickname, "Niagara of the East". Its appearance changes daily depending on the water volume. A suspension bridge for viewing the falls is located downstream, and a sunken-post bridge is located upstream, allowing visitors to walk around the falls and even descend to the bank near its base.

Address: Harajiri, Ogata Town, Bungo-Ono City
Inquiries: 0974-22-1117 (Bungo-Ono City Commerce and Tourism Division)

A dynamic and magnificent waterfall tucked away among farm fields!



A majestic waterfall that cascades straight down with a roaring sound

Usa City

Higashi-Shiyya Falls

Elevation 377 m

Address: Higashi-Shiyya, Ajimu Town, Usa City
Inquiries: 0978-34-4839
Usa City Tourism Association (General Incorporated Association)

Nicknamed "Kyushu's Kegon Falls" after the famous Kegon Falls of Nikko, the water cascading down this 85m cliff is breathtaking! The waterfall plunges straight from an overhanging cliff creating a magnificent sight and the view from the approach is like a painting. It's about a 10-minute walk from the parking lot to the waterfall.



A famous waterfall near a roadside station along National Route 210



Kusu Town, Kusu District

Jion Falls

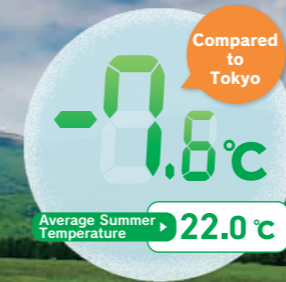
Elevation 265.5 m



A two-tiered waterfall located on the border between Kusu Town in the Kusu District and Amagase Town of Hita City. With an upper tier of 20m and a lower tier of 10m, and a total drop of approximately 30m, this well-known cool spot is easily accessible from National Route 210. The powerful spray of water will make you forget about the summer heat.

Address: 618 Yamaura, Kusu Town, Kusu District
Inquiries: 0973-72-1313 (Kusu Town Tourism Association)

A grassland with cool breezes and wide open skies



Taketa City

Kuju Highlands

Elevation Approx 800 m ~ 900 m

A vast grassland spreads across the foot of the Kuju mountain range, at an altitude of approximately 700-900m. You can experience magnificent natural scenery, from green pastures to winding drives through the highlands to stargazing. On clear days, you can enjoy spectacular views of the five peaks of Aso. Even in summer, a refreshing breeze blows through, so you can fully feel the openness of the clear air and vast sky.

Address: Kuju, Kuju Town, Taketa City
Inquiries: 0974-76-1610 (Kuju Highlands Tourist Information Center)



Breezes that take you away from the summer heat

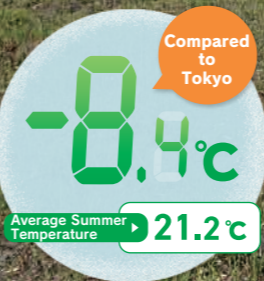
Kokonoe Town Kusu District

Handa Highlands

Elevation Approx 800 m ~ 1,000 m

This plateau area is located within Aso-Kuju National Park. The landscape is a tapestry of grasslands and wetlands. It is beautiful in every season, with various activities such as guided tours and hands-on experiences available throughout the year. There are also hot springs and a visitor center around Chojabaru at the base of the Kuju mountains, where you can relax and enjoy nature.

Address: Tano, Kokonoe Town, Kusu District
Inquiries: 0973-76-3150 (Kokonoe Town Hall Tourism and Regional Development Division)



Refreshing breezes

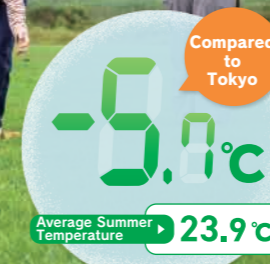
Highlands

The highlands of Oita offer a coolness comparable to Japan's leading summer resorts such as Karuizawa and the Tateshina and Nasu highlands.

*Average August 2025 temperatures: Karuizawa 22.7°C, Tateshina 25.2°C, Nasu 22.8°C



Another way to enjoy Yufuin



Yufu City

Tsukahara Plateau

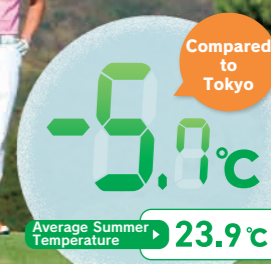
Elevation Approx 600 m

This area is about 30 minutes by car from downtown Yufuin. It is a plateau resort offering scenery distinctly different from the bustling tourist areas, with unique experiences such as galleries, cafes, and outdoor activities.

Address: Tsukahara, Yufuin Town, Yufu City
Inquiries: 0977-85-2254 (Yufuin Tsukahara Plateau Tourism Association)



A resort plateau where you can enjoy yourself all day long



Beppu City

Kijima Plateau

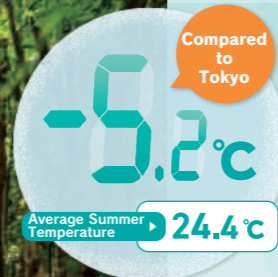
Elevation Approx 600 m

This area is centered around the long-running and popular "Kijima Kogen Park", one of the prefecture's leading amusement parks. It also features a hotel and a golf course. You can enjoy stunning views and activities together in this wide-open space where the plateau breezes blow through.

Address: Higashiyama, Beppu City
Inquiries: 0977-22-1165 (Kijima Kogen Park)



The heart of Bungo-Ono, enveloped in rich greenery



📍 Bungo-Ono City

Kawakami Valley

Elevation 610m

This valley is located at the headwaters of the Okutake River, close to the site of the former Obira Mine. It is one of the highlights of the Sobo-Katamuki-Okue UNESCO Eco-Park, and is home to rare plants designated as endangered species. The suspension bridge over the river is the perfect photo spot for capturing the water, bridge, and surrounding greenery in a single shot.

Address: Obira Mine, Ogata Town, Bungo-Ono City
Inquiries: 0974-22-1117 (Bungo-Ono City Commerce and Tourism Division)

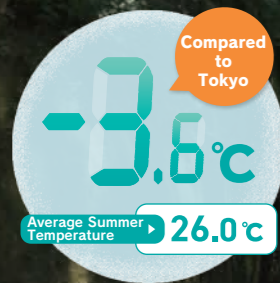


Enveloped by leafy trees and the sound of water

Valleys

Valleys are natural air conditioners where you cool down with each step.

Japan's alpine jewel, with timeless beauty and tranquility



📍 Yufu City

Yufugawa Gorge

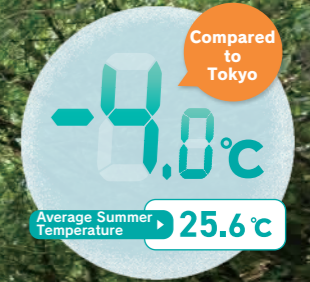
Elevation 252 m

Yufugawa Gorge has countless streams of water, bathed in light, quietly flowing down the cliffs carved into the earth over a span of 600,000 years. It is the perfect spot to encounter the overwhelming beauty of the Earth that sparks a sense of adventure in both children and adults. Packrafting and gorge trekking tours with professional guides are also available so you can fully immerse yourself in nature.

Address: 14-2 Honoki, Hasama Town, Yufu City
Inquiries: 097-583-2552 (Hasama Yufugawa Gorge Tourism Association)



Enjoy a refreshing stream walk under a forest canopy



📍 Usa City

Takkiri Valley

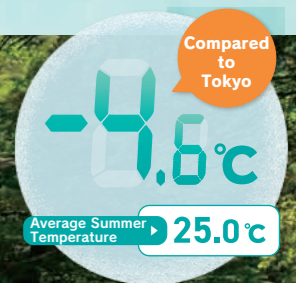
Elevation 387 m

This unusual valley, where clear water flows over a large single shelf of rock, is approximately 2 km one way to the waterfall at its end. You can walk while listening to the murmur of the river and sounds of nature. Stream walking is popular in summer, where dipping your feet in the sparkling water provides a refreshing coolness, making you forget the summer heat. A campsite is also available nearby.

Address: Jobetto, Innai Town, Usa City
Inquiries: 0978-42-5111 (Usa City Innai Branch Office, Industry and Construction Division)



A fantastical water paradise created over many years



📍 Saiki City

Fuji-gawachi Valley

Elevation 485 m

Address: Kiurauchi, Ume, Saiki City
Inquiries: 0972-52-1111 (Saiki City Ume Promotion Bureau)

This valley is located within the Sobo-Katamuki Quasi-National Park, which is covered in ancient forests and stretches approximately 8 km starting from Kannon Falls upstream. Enjoy the changing seasons, with the fresh greenery of spring, the cool stream water of summer, the autumn foliage, and the picturesque landscape of winter. In the summer, it attracts tourists seeking the physical adventure of canyoning.



Cool Experiences

~Side Trips~

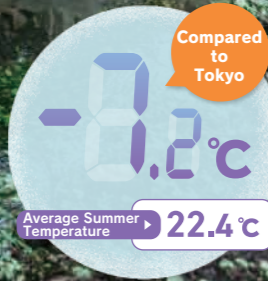
Here are a variety of other ways to cool down

A spring with exceptional clarity where beautiful blue water soothes your soul

Yufu City

Oike Pond

Elevation 858.6 m



The walking path to the pond is surrounded by trees, keeping it cool even in the middle of summer. The clear blue water surface and lush greenery provides a truly refreshing experience. This spring water has been selected as one of "Japan's 100 Best Waters," and drinking it will gently quench your thirst after a walk. We also recommend extending your trip a little to visit the cluster of air vents coming from under Kurodake, which are like natural refrigerators.

Address: Asono, Shonai Town, Yufu City
Inquiries: 097-582-1113 (Yufu City Shonai Promotion Bureau, Regional Promotion Division)
Admission Fee: 100 yen for visitors age 12 and older



Tsukumi City

Umitama Experience Park "Tsukumi Dolphin Island"

Fulfill your dream of swimming with dolphins!



This ocean resort offers dolphin shows, dolphin trainer and feeding hands-on experiences, and even the dream opportunity to swim with dolphins! There is also plenty of other marine life to enjoy, including the well-loved penguins and a variety of fish.

Address: 2218-10 Youra, Tsukumi City
Inquiries: 0972-85-3020



Nakatsu City

Maple Yaba Cycling Road



Enjoy the breeze while cycling through Nakatsu's scenic spots

This cycling path, built along the abandoned Yabakei Railway line, has gentle gradients and is recommended for beginners. You can enjoy many scenic spots, such as the dazzling greens of the Yabakei Valley and "Ao-no-Domon", a cave said to have been carved in the Edo Period by Zenkai, the Buddhist monk, using only a chisel and hammer. The cycling road has a variety of attractions along the way such as tunnels and railway bridges.

Address: From Oshima, Nakatsu City to Morizane, Yamakuni Town, Nakatsu City
Inquiries: 0979-62-9035 (Nakatsu City Hall Tourism Division)

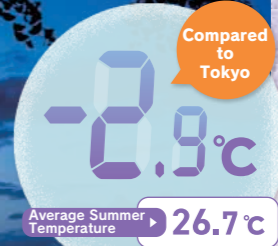


Oita City

Ryozen Forest Park

Elevation 370 m

A little-known viewpoint offering panoramic views of the city



This scenic mountain was selected as one of "Oita's Best 100 Mountains" and features an eye-pleasing observation deck at its summit. The magnificent view features Oita City below, but on clear days there are panoramic views of the Yufu and Tsurumi mountain ranges, Beppu Bay, and the far-off mountains of Shikoku.

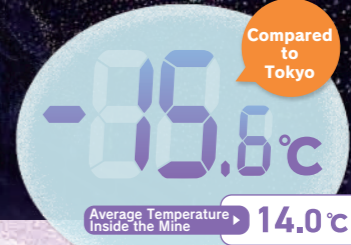
Address: 866 Okagawa, Oita City
Inquiries: 097-537-5638 (Oita City Parks and Green Spaces Division)



Hita City

Taio Gold Mine Underground Museum

A Midsummer Gold Rush? You might strike it rich!



The Taio Gold Mine is an underground museum at the site of a former gold mine that closed in 1972. Visitors can explore about 800m into the mine from the entrance. Inside, a model of the mine tunnels remains intact, and the mining process is realistically recreated with mannequins and models. After touring the tunnels, try your hand at gold hunting (panning for gold).

Address: 3750 Gose, Nakatsue Village, Hita City
Inquiries: 0973-56-5316
Admission: Adults 1100 yen, Junior/Senior High School Students 880 yen, Elementary School Students 550 yen



Beppu City

Mount Tsurumi

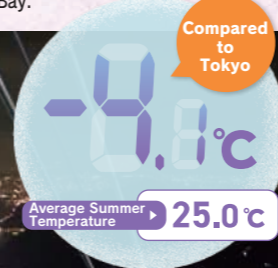
Elevation 1,375 m



Address: 10-7 Kanbara, Minami-Tateishi, Beppu City
Inquiries: 0977-22-2278 (Beppu Ropeway)
Price: [Round trip] Adults 1800 yen, Children 900 yen, Seniors (70 years and older) 1700 yen

While famous for its winter "Cold Weather Endurance Contest" and frost-covered trees, Mount Tsurumi's high altitude provides a 10° C temperature difference from the lowlands even in the summer, offering a refreshing coolness. A 10-minute ropeway ride takes you there. In early summer, the Miyama Kirishima azaleas are beautiful, and on nights when the ropeway is open, you can enjoy the vast night view of Beppu Bay.

A 10-minute journey into the sky takes you to another world



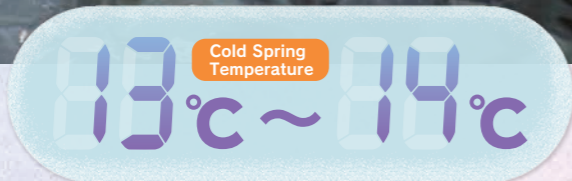
Kokonoe Town, Kusu District

Kan no Jigoku Ryokan



Address: 257 Tano, Kokonoe Town, Kusu District
Inquiries: 0973-79-2124
Price: Adults/High School Students 2500 yen, Junior High School Students 1000 yen, Elementary School Students and younger 500 yen

You can enjoy chilly 13-14° C spring water year-round. After first warming up in the "Warm Hell Sauna" (swimsuit required), dip into the mixed-gender "Cold Hell Hot Spring" to cool down. The smooth, sulfurous cold spring water will quickly cool your body down.



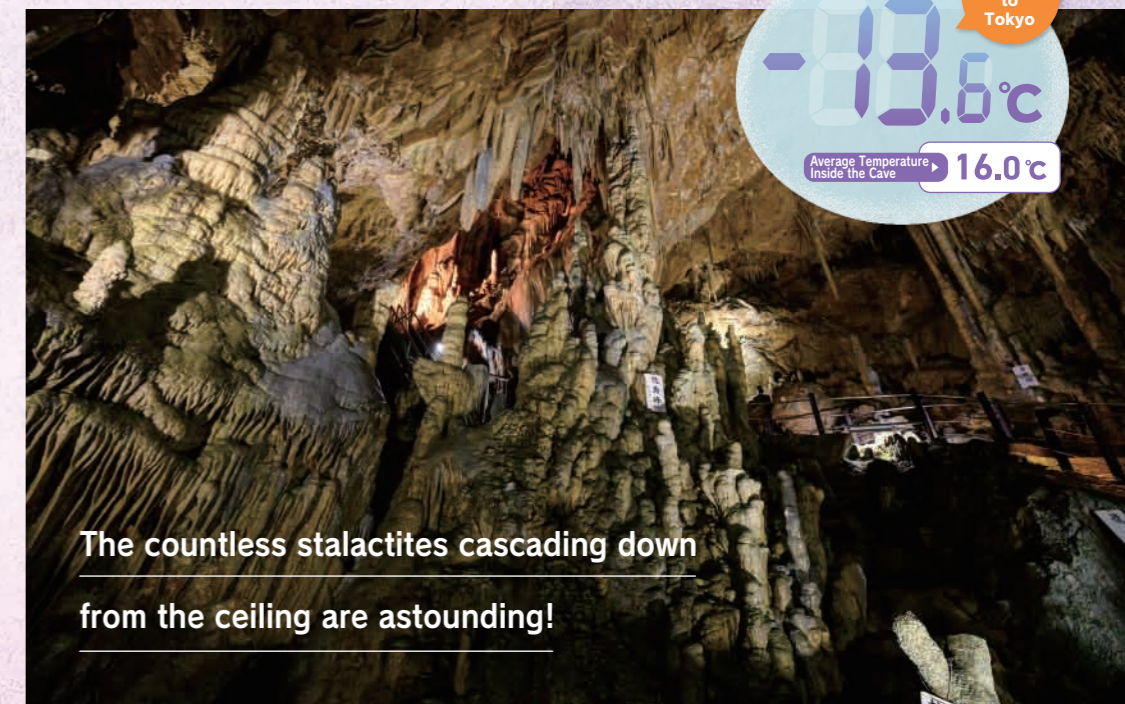
Usuki City

Furen Limestone Cave



Address: 1632 Tomari, Notsu Town, Usuki City
Inquiries: 0974-32-2547
Admission: Adults 1000 yen, Elementary/Junior High School Students 700 yen

This well-known natural wonder of Oita was discovered in 1926. The temperature inside the cave remains constant throughout the year, offering a respite from the summer heat. Explore the cave's amazing displays in quiet tranquility, with 21 natural formations of interest shaped over millions of years.



The countless stalactites cascading down from the ceiling are astounding!



Fireworks Festivals

Every summer, fireworks festivals light up the night sky. They are held in various locations throughout the prefecture, so try to find one near you. (Dates for fireworks festivals and other events are subject to change.)

Beppu Fire Sea Festival Summer Fireworks

Annually Late July

Venues Kitahama Green Area, Matogahama Park, Beppu Spa Beach

Inquiries: 0977-24-2828 (Beppu Fire Sea Festival Executive Committee)



Tsukumi Port Festival Fireworks

Annually Mid-to-late July

Venue Tsukumi Port (Tsukumin Park)

Inquiries: 0972-82-5111 (Tsukumi Chamber of Commerce and Industry)



Oita "Dream" Fireworks

Annually Late August

Venue Upstream of Oita River Benten Ohashi Bridge

Inquiries: 097-537-5959 (Oita "Dream" Fireworks Executive Committee Office)




Summer Festivals

The Three Great Gion Festivals

With a history of over 300 years, Gion Festivals are held in three locations throughout the prefecture. These thrilling festivals feature magnificent processions of floats and portable shrines and a chance to see lively Shinto rituals up close.

Nakatsu Gion Festival

Venues Nakatsu Shrine, Kuranashihama Shrine, Fukuzawa Street, others


Inquiries: 0979-22-1111 (Nakatsu City Hall Tourism Division)



Hita Gion Festival

Venues Hita City's Mameda-machi and Kuma / Takeda districts


Inquiries: 0973-22-8210 (Hita Festival Promotion Association Office)



Usuki Gion Festival

Venues Yasaka Shrine and surrounding area


Inquiries: 0972-63-8811 (Usuki Chamber of Commerce and Industry)



Nanase Homura Fire Festival

Venue Nanasegawa Nature Park


This summer festival sparks excitement with the themes of "Fire, Water, History, and Hometown." A variety of events are held that involve the "Hashiramatsu" and "Mandoro" traditions of the Wasada region of Oita City.



Himeshima Bon Dance

Venue Ferry Square

This dancing festival is a nationally-recognized folk culture treasure, originating from Buddhist chanting dance rituals almost 1,000 years old. The highlight is the humorous "Fox Dance," where children whose faces are painted white with comical markings wear white costumes and leap and bound about while holding parasols.



Inquiries: 0978-87-2279 (Himeshima Village Office, Fisheries, Tourism and Commerce Division)

Annually Late July

Annually Late July

Annually Mid August



Kitsuki City **Summer-Color Lemon Shaved Ice**

Dai no Chaya

Enjoy shaved ice with homemade syrup and butterfly pea, a Thai herb that changes color when mixed with fruit juice. The delicate ice sparkles in the soft light pouring into the former samurai residence.

Address: Nomi Residence, 208-1 Kitsuki, Kitsuki City
Inquiries: 0978-62-0330



Hita City

Cafe & Bar Kotone-an

Serving classic dishes with Hita-grown fruits such as grapes and pears, the café also features dishes using premium Miyazaki-grown mangoes in the summer. One bite and you'll be captivated by the rich aroma and sweetness of the perfectly-ripe mangoes.

Address: 2-4-38 Tanso, Hita City
Inquiries: 0973-23-6577



950 yen

Ripe Mango No-bake Cheesecake

2,200 yen Price may vary depending on the fruits used.

So Cold!♡

Cool Sweets

Cold sweets are a must when touring in the summer. From classics to unique variations, a variety of delicious treats can be found throughout Oita!

(Prices and other details may change)



Tomato Sundae

550 yen

Oita no Sora Musashi

Popular fruit-based soft-serve ice creams include seasonal melon and kiwi from Kunisaki. Among them, the "Tomato Sundae," made with tomatoes from their own farm, has the perfect balance of acidity for summer!

Address: 3550 Itoharu, Musashi Town, Kunisaki City
Inquiries: 0978-69-0056



Kunisaki City

Suzuran Food Hall

400 yen

Fresh eggs and sweets made with plenty of eggs are popular at this outlet shop for a poultry farm, but in summer, the soft-serve ice cream is a must-try! The gentle sweetness and egg flavor melts in your mouth like a milkshake.



Address: 5707-109 Fujiwara, Hiji Town, Hayami District
Inquiries: 0977-73-1666

Hiji Town, Hayami District

Egg Soft-serve Ice Cream



Soft-serve Ice Cream

Bungo Takada City

Cream Soda Showa Town

A traditional cream soda embodies the nostalgia and photogenic atmosphere of the Showa era. In the Showa Town shopping district, approximately 14 stores participate in an event from summer to autumn where you can enjoy cream sodas and art.

Address: Bungo Takada City Showa Town Shopping Street
Inquiries: 0978-23-1860 (Bungo Takada City Tourism and Community Development Co.)

Taketa City

Taketa: The Kingdom of Soft-serve Ice Cream

Due to the variety you can find there, Taketa City has come to be known as the "Kingdom" of soft-serve ice cream. From classic milk flavors to innovative creations using local specialties, you can find your favorite one. A store-to-store stamp rally is also held in the summer.

Inquiries: 0974-63-0585 (Taketa City Tourism Association)

TWO-Day Course of Scenic Highlands

Enjoy the breeze as you zip through the highlands!

Kokonoe Town, Kusu District

Yamanami Rent-a-Cycle

If you want to enjoy a refreshing ride along the "Yamanami Highway," we recommend renting a bicycle, "EV Trike", or an open-top car. Staff will provide thorough instruction before you ride, so even first-timers can feel at ease. There are various colors and types of vehicles, so consult with the staff and choose your favorite.

Address: 2412 Minami-no-hira, Tano, Kokonoe Town, Kusu District
Inquiries: 070-8443-2038
Closed: Monday-Friday



Enjoy a pleasant stroll through magnificent nature

Tadehara Marshland

Wooden boardwalks stretch throughout the marshland, allowing you to stroll while admiring the plants of each season. In summer, you can observe plants such as higotai thistle, daylily, water iris, and other flowers. You will also encounter the wild birds and insects that inhabit Kokonoe. It is a great opportunity to experience nature close-up.

Address: 255-33 Tano, Kokonoe Town, Kusu District
Inquiries: 0973-79-2154 (Chojabaru Visitor Center)



Kokonoe "Yume" Suspension Bridge

This suspension bridge boasts the title of "Japan's highest" pedestrian-only suspension bridge, standing 173m high and 390m long. The view from the bridge is spectacular, offering stunning vistas of Shindo Falls, one of Japan's Top 100 Waterfalls, and the dazzling greenery of Kysui Gorge, which is also famous for its autumn foliage.

Address: 1208 Tano, Kokonoe Town, Kusu District
Inquiries: 0973-73-3800 (Kokonoe "Yume" Suspension Bridge Tourist Information Center)
Closed: None
Admission: 500 yen for junior high school students and older, 200 yen for elementary school students
*Free for children under elementary school age



Not for the faint of heart! Japan's Highest Suspension Bridge

Kuju Flower Park

Located at an altitude of 850m in Aso-Kuju National Park, this is one of the largest flower fields in western Japan. It boasts approximately 5 million flowers of about 500 varieties blooming from spring to autumn. Events are held on the third Saturday of every month, such as stargazing under wide-open skies, and participants can release eco-friendly balloons with wishes written on them.

Address: 4050 Kuju, Kuju Town, Taketa City
Inquiries: 0974-76-1422
Open every day during the season



MAP



SCHEDULE

Day 1

- 9:00 Beppu Interchange
↓ Approx. 1 hour by car
- 10:00 ① Yamanami Rent-a-Cycle
Stay: 1 hour, 30 minutes
↓ Approx. 5 minutes by car
- 11:35 ② Tadehara Marshland
Stay: 40 minutes
↓ Approx. 15 minutes by car
- 12:30 ③ Kokonoe "Yume" Suspension Bridge
Stay: 40 minutes
↓ Approx. 40 minutes by car
- 13:50 ④ Kuju Flower Park
Stay: Overnight stay

Day 2

- ↓ Approx. 1 minute by car
- 10:00 ⑤ Kokopelli Western Riding
Stay: 1 hour
↓ Approx. 5 minutes by car
- 11:05 ⑥ Guernsey Farm
Stay: 40 minutes
↓ Approx. 50 minutes by car
- 12:35 ⑦ Hokusui Dam
Stay: 20 minutes
↓ Approx. 30 minutes by car
- 13:25 ⑧ Circular Water Hub
Stay: 20 minutes
↓ Approx. 30 minutes by car
- 14:15 ⑨ Inazumi Underwater Limestone Caves
Stay: 1 hour, 15 minutes

Taketa City

Kokopelli Western Riding

At this ranch, everyone from beginners to advanced riders can easily enjoy trail riding. Various courses are available, including easy supervised rides, instructor-led riding experiences, and full-fledged horse trekking across the magnificent Kuju Plateau. The horses are gentle and well-behaved, perfect for beginners.

Address: 4048 Kuju, Kuju Town, Taketa City
Inquiries: 090-7398-0302
Hours: 10:00 AM - 12:00 PM / 1:00 PM - 5:00 PM
Closed: Irregular



Taketa City

Hokusui Dam

Beautiful White Lace Created From Stone and Water

Guernsey Farm

Experience the True Deliciousness of Milk

Guernsey Farm, with its Western-style buildings that blend right into the scenery of these highlands, raises Guernsey cows, a rare breed in Japan originating from England. The milk from these cows is also known as "Golden Milk," and is said to have an excellent balance of milk fats and proteins. Enjoy dairy products and soft-serve ice cream, and relax by interacting with the animals.

Address: 4004-56 Kuju, Kuju Town, Taketa City
Inquiries: 0120-20-4092
Hours: 9:00 AM - 5:00 PM
Closed: None



This small stone dam creates a landscape resembling white lace with water cascading down in a step-like fashion, creating a cool and refreshing space filled with the gentle sounds of water. It is also respected as a civil engineering heritage site and as a healing spot where nature and craftsmanship harmonize.

Address: 9792 Tsugikura, Taketa City
Inquiries: 0974-63-0585 (Taketa City Tourism Association)



The wisdom of our ancestors lives on today

Taketa City

Circular Water Hub

Water gushes from the center, forming a circular pattern as it spreads evenly in all directions. The mechanism, built to fairly distribute agricultural water, is the epitome of functional beauty. The circular flow of the water creates a tranquil and beautiful landscape.

Address: 4587-8 Kujuno, Taketa City
Inquiries: 0974-63-0585 (Taketa City Tourism Association)



Bungo-Ono City

Inazumi Underwater Limestone Caves

One of the few underwater limestone caves in Japan. Formed 300 million years ago during the Paleozoic era, it is believed to have been submerged by the massive eruption of Mount Aso 300,000 years ago, forming its current shape. The crystal clear waters and stalactites create a fantastical space. The cave's water temperature remains constant at 16°C throughout the year, making it a mystical spot where you can enjoy exploring underground.

Address: 300 Nakatsuru, Mie Town, Bungo-Ono City
Inquiries: 0974-26-2468
Hours: 9:00 AM - 5:00 PM
Closed: None



A fantastic balloon release into the starry sky

Ryusho Falls



A hidden spot located close to National Route 210. It's a short 7-minute walk to the waterfall basin and after passing through a small tunnel, you'll be greeted by the beautiful sight of falling water. The powerful flow of water creates a refreshing spray, cooling you in the summer heat.

Address: Otatsu, Shonai Town, Yufu City
Inquiries: 090-9580-8971
(Ryusho Falls Preservation Society, President Yoshihiro)

A fantasy landscape beyond a tunnel

1

2

An elegant waterfall garden spread throughout a forest

Kusu Town, Kusu District

Shimizu Waterfall Garden



Address: 3634 Mori, Kusu Town, Kusu District
Inquiries: 0973-72-7153
(Kusu Town Commerce, Industry and Tourism Policy Division)

This group of waterfalls on the Nakada River, also known as "Utsubashi Falls," is a popular summer retreat. Streams formed by naturally flowing forest spring water create numerous waterfalls. Along the approximately 300m-long walking path, you can enjoy views of the scattered waterfalls, with the area remaining cool even in midsummer.

3

A wide selection of local goods await you as you shop among fresh negative-ion air

Kusu Town, Kusu District

Jion-no-Taki Kusu Roadside Station

At this roadside station located right next to Jion Falls, a wide variety of fresh vegetables and goods from Kusu Town are on sale. Fresh tofu and fried tofu from Mannen Genki Tofu, made with Kyushu-grown soybeans and pure water, are popular. Enjoy refreshing and creamy soft-serve ice cream made with soy milk, perfect for a hot day.

Address: 618-24 Yamaura, Kusu Town, Kusu District
Inquiries: 0973-77-2260



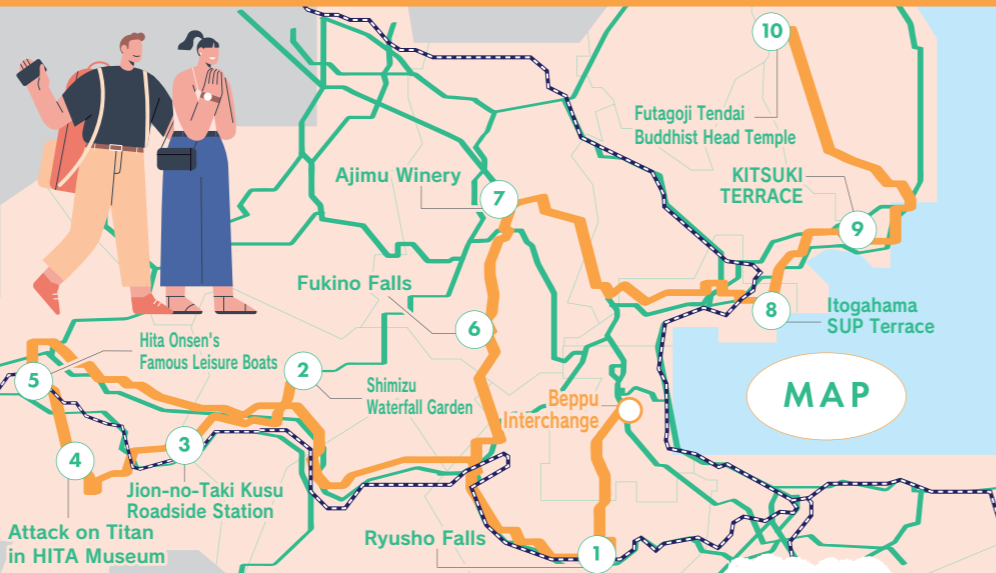
A special lantern-lit night on the Mikuma River full of tradition

Hita City

Hita Onsen's Famous Leisure Boats

Relax on a covered boat floating on the Mikuma River, and enjoy a leisurely meal while being caressed by the river breeze. The soft light of lanterns and the city lights reflected on the river create a fantastical world. The night ends with a magnificent cormorant fishing show.

Address: Kuma, Hita City
Inquiries: 0973-22-2062
(Hita Hot Spring Inn Association)
Price: Varies by Inn



MAP

A must-see for fans! Rare exhibits you can only see here.

© Hajime Isayama / KODANSHA

Hita City

Attack on Titan in HITA Museum

The "Attack on Titan" museum is located within the Mizube-no-Sato Oyama Roadside Station. A dazzling array of exhibits for fans awaits, including works drawn by author Hajime Isayama during his childhood and youth, precious original drawings, and a magnificent colossal Titan sculpture.

Address: 4106 Nishi-Oyama, Oyama Town, Hita City
Inquiries: 0973-52-3630
Hours: 9:30 AM - 4:00 PM / Saturdays, Sundays, and Holidays 9:30 AM - 5:00 PM
Closed: Irregular
Admission: Adults (18 years and older) 500 yen, Children (under 18) Free



Two-Day Course to Experience Japan's Past and Present

SCHEDULE

Day 1

- 8:00 Beppu Interchange
↓ Approx. 30 minutes by car
- 8:30 1 Ryusho Falls
Stay / 40 minutes
↓ Approx. 1 hour by car
- 10:10 2 Shimizu Waterfall Garden
Stay / 40 minutes
↓ Approx. 20 minutes by car
- 11:10 3 Jion-no-Taki Kusu Roadside Station
Stay / 30 minutes
↓ Approx. 20 minutes by car
- 12:00 4 Attack on Titan in HITA Museum
Stay / 45 minutes
↓ Approx. 15 minutes by car
- 13:00 5 Hita Onsen's Famous Leisure Boats
Stay / Overnight stay

Day 2

- 9:00 6 Fukino Falls
Stay / 40 minutes
↓ Approx. 20 minutes by car
- 10:00 7 Ajimu Winery
Stay / 45 minutes
↓ Approx. 40 minutes by car
- 11:25 8 Itogahama SUP Terrace
Stay / 2 hours
↓ Approx. 20 minutes by car
- 13:45 9 KITSUKI TERRACE
Stay / 1 hour
↓ Approx. 30 minutes by car
- 15:15 10 Futagoji Tendai Buddhist Head Temple
Stay / 40 minutes



Address: Fukino, Ajimu Town, Usa City
Inquiries: 0978-34-4839
(Usa City Tourism Association Ajimu Branch)



Usa City

Fukino Falls

This waterfall, consisting of a "male waterfall" and a "female waterfall," boasts a height of 65 meters. It is also known as "Ryusenji Falls" because the view from the observation deck behind Ryusenji Temple was once beloved by writers and artists. A rainbow is said to appear over the waterfall on clear days around 7-8 AM in June and July.

A rainbow is a sign of good luck! A majestic waterfall that has captivated writers and artists



A popular winery nestled in the woods growing in fame around Japan

7



Usa City

Ajimu Winery



This winery utilizes the extreme temperature differences characteristic of its river basin location to cultivate high-quality grapes and produce rich wines. The grounds, designed to resemble the grounds of a shrine, feature the winery, storage facilities, vineyards, and shops. Visitors can enjoy tours of the production process and vineyards, as well as wine tastings (for a fee) and shopping.

Address: 798 Shimoge, Ajimu Town, Usa City
Inquiries: 0978-34-2210



Shallow waters where you can stand, perfect for beginners to enjoy SUP safely and easily

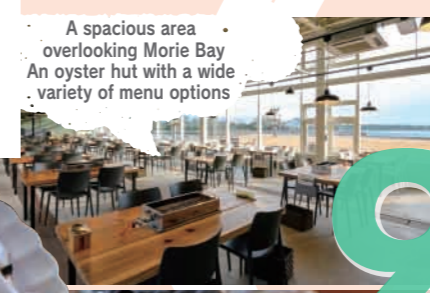
8

Hiji Town, Hayami District

Itogahama SUP Terrace

Hiji Town operates Itogahama Seaside Park, a beach resort known for its year-round activities. Here, you can experience SUP (Stand Up Paddleboarding). Its accessibility for those of any age or experience level makes it especially popular, and sunrise and sunset SUP experiences are highly recommended!

Address: Located within Itogahama Seaside Park, 6842 Oga, Hiji Town, Hayami District
Inquiries: 080-5252-7744



A spacious area overlooking Morie Bay. An oyster hut with a wide variety of menu options

9

Kunisaki City

Futagoji Tendai Buddhist Head Temple

A sacred temple where visitors are greeted by Nio guardian statues

The Nio statues enshrined at the temple gate are the largest in Kunisaki, and due to their beautiful carvings, are said to be the best Nio statues in the Kunisaki Peninsula. The solemn atmosphere surrounded by beautiful nature has made it one of Japan's most popular power spots in recently, with more young visitors each year.

Address: 1548 Futago, Aki Town, Kunisaki City
Inquiries: 0978-65-0253 Price: 300 yen (admission fee)



Kitsuki City

KITSUKI TERRACE



Address: 4785 Morie, Kitsuki City
Inquiries: 0978-63-8085
Opening Hours: 10:30 AM - 4:00 PM (Last seating 3:00 PM, last order 3:30 PM)

The sweeping glass walls provide a panoramic view of the sparkling Morie Bay. In addition to rock oysters, which are in season during the summer, grilled seafood such as shrimp, turban shells, and scallops, as well as cafe menu items using strawberries from the strawberry farm next door, are also very popular.

